

Bulldog Bistro Breakfast Menu



	WEEK	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Assorted Cereal Fruit or Juice Milk	Banana Breakfast Bread Fruit or Juice Milk	Strawberry Bagelful Applesauce or Juice Milk	Mini Pancakes Fruit or Juice Milk	Apple Cinnamon Breakfast Toast Applesauce or Juice Milk
Two	Cinnamon Roll Breakfast Bread Fruit or Juice Milk	Oatmeal Benefit Bar Fruit or Juice Milk	Cereal Bowl String Cheese Stick Applesauce or Juice Milk	Apple Frudel Fruit or Juice Milk	Yogurt With Cinnamon Bitz Fruit or Juice Milk
Three	Cinnamon Toast Crunch Cereal Bar String Cheese Stick Fruit or Juice Milk	Strawberry Guava Roll Applesauce or Juice Milk	Smucker's Snackin' Waffle Fruit or Juice Milk	Breakfast Pizza Fruit or Juice Milk	Super Ring Fruit or Juice Milk
Four	Dunkin' Stick Fruit or Juice Milk	Crunchmania Breakfast Crackers Fruit or Juice Milk	Lemon Chip Crunch Bar Banana Juice Milk	Yogurt With Cinnamon Bitz Fruit or Juice Milk	Muffin Fruit or Juice Milk

Daily Milk Choices for Breakfast:
Unflavored
1% Milk
Or
Unflavored
Skim fat free
Milk

Students are encouraged to try the daily fruits and vegetables offered. Select at least ½ cup of fruit or vegetable to make it a meal.

